



People Group
CwDT Volunteer Service
Children with Disabilities Team
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To whom it may concern

5th February 2019

Dear Sir/Madam,

Re: Cassandra Miles

My name is Sandra Copson and I am the Volunteer Co-ordinator for Children with Disabilities Team, part of Warwickshire County Council. We support families across Warwickshire who have children with disabilities. Our volunteers support the families by offering an extra pair of hands to give families a short break from their caring role, which can help prevent them going into crisis.

Cassandra joined us in September 2016 as a Family Support Volunteer. She remained with us for just over 2 years and in that time supported two families. The first placement was as befriender to a young girl and Cassandra started seeing her in November 2016 visiting on a regular basis. This placement ended and Cassandra then chose to support a young boy who had Autism. At first he was very difficult to engage with but gradually she built his confidence and he was engaging with her each week. Cassandra was also a befriender to his mother who was quite isolated and through her own experiences Cassandra was able to provide mum with practical advice etc. and helped her build in confidence too. The placement only ended due to Cassandra's personal circumstances.

Cassandra is always willing to help out where necessary and ran an Autism Awareness session for a group of volunteers who thoroughly enjoyed the information and experience sharing session and all gave very positive feedback on Cassandra's presentation and knowledge.

Cassandra is a very caring and friendly lady who I am proud to have had on my team. I would definitely recommend her to any employers

Kind regards,

Mrs Sandra Copson
Volunteer Co-ordinator
Children with Disabilities Team
Warwickshire County Council

*Working for
Warwickshire*